



March 2023

LOWELL HIGH SCHOOL

LUNCH MENU

WEEK 5: March 27-March 31

Daily Serve
MTO Deli
Grab and Go
Salads
Grab and GO
Sandwiches
Yogurt Parfait
Chicken Patty
Hamburger
Veggie Burger
Pizza Station

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering potential.

MONDAY

- Chicken Pot Pie with Biscuit Crust
- Buffalo Chicken Pizza
- Chicken Tender with Dinner Roll
- Vegetable Cups & Corn
- Apples & Peaches

TUESDAY

- Arroz con Pollo
- Chicken Parm Sandwich with Fries
- Hawaiian Pizza
- Meatball Sub
- Kickin Beans & Broccoli
- Oranges & Apples

WEDNESDAY

- Buffalo Chicken Mac & Cheese
- Mac & Cheese **V**
- BBQ Sriracha Pizza
- Bahn Mi with Fries
- Greek Chicken Wrap
- Cucumbers & Carrots **LG**
- Bananas & Apples

THURSDAY

- General Tso's Chicken with Fried Rice
- General Tso's Tofu with Fried Rice **V**
- Loaded Baked Potato Pizza
- Fish Po Boy with Coleslaw
- Green Beans & Carrots **LG**
- Pears & Fresh Fruit Cups

FRIDAY

- Tasting History Featured Recipe
- Broccoli Penne Alfredo **V**
- Big Mac Pizza
- Steak & Cheese
- Red Pepper Strips & Side Salad **LG**
- Apples & Bananas

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Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

Menus are subject to change.

Menu's, Nutrition Education & Monthly Promotions

<https://lowellk12ma.nutrislice.com>

Check out our accounts on Social Media:

LPSD- Food & Nutrition

Instagram: [lpsdfoodandnutrition](#)

Food & Nutrition Office: 978-674-2049



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opportunity providers